

LifeServices EAP

Personal Service, Every Time

YOUR EAP

The EAP is a free confidential counseling and assistance service provided by your employer to help you and your family members with all types of personal problems. No problem is too big or too small. Call us today. We are here to help.

PHONE: 1-800-822-4847

WEBSITE: www.lifeserviceseap.com

Username: canton

Password: employee

EAP AND WORK-LIFE RESOURCE & REFERRAL

*Achieving balance
through total well-being*

ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

Achieving balance through total well-being

WELCOME TO YOUR EAP & WORK-LIFE RESOURCE AND REFERRAL SERVICE.

EAP COUNSELING

- 24/7/365 access
- Referrals to local counselors
- Free short-term counseling
- Referrals and follow-up
- Guaranteed confidentiality

LEGAL SERVICES

- Free initial consult
- 25% discount thereafter
- Free legal web services

FINANCIAL SERVICES

- Credit counseling
- Debt management
- Budgeting
- Free financial web services

WORKLIFE SERVICES

- Free live webinars

Assistance provided for:

- Childcare needs
- Eldercare needs
- Travel and Recreation
- Dining and Entertainment
- Consumer Issues
- Pet Care
- Community Resources
- Health and Wellness

Your employer recognizes its employees as one of its most valuable resources. While everyone experiences stress, sometimes the effects of too much stress can disrupt work performance and personal well-being. The EAP and WorkLife Service is designed to help you and your family members deal with problems before they become unmanageable. Services offered through the EAP are often all you need.



HOW CAN THE EAP HELP?

The Employee Assistance Program can provide help in a variety of areas including:

- Depression
- Grief and Loss
- Relationship Problems
- Alcohol & Drug Related Issues
- Legal Issues
- Financial Pressures
- Family Problems
- Stress
- Anxiety

IS CONFIDENTIALITY PROTECTED?

Yes, your call, online access, and all counseling appointments will be kept in strictest confidence. No one will know about your participation unless you tell them. In all cases, the employer or family member's confidentiality is protected and respected.

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ACCESS IS EASY

No matter when, no matter where, you and your family have access to professional support. Call or log on to get started.

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www.lifeserviceseap.com

Username: indy

Password: employee



The service is a free benefit from your employer, provided by LifeServices EAP.